TRICARE® Service Center

Walk-in Service No Longer Provided as of **April 1**

Start Using TRICARE's Convenient Self-Service Options Today!

The "I want to…" section at **www.tricare.mil** is your gateway to:

- Enroll in or Purchase a Plan
- File or Check a Claim
- View Referrals and Prior Authorizations
- Find a Doctor
- Change Your Primary Care Manager
- See What's Covered
- Compare Plans
- Manage Prescriptions

Contact Information

TRICARE Regional Contractors

Get enrollment assistance and answers to questions through your regional contractor's Web site or toll-free call center.

North Region
Health Net Federal Services, LLC
1-877-TRICARE (1-877-874-2273)
www.hnfs.com

South Region
Humana Military, a division of
Humana Government Business
1-800-444-5445
Humana-Military.com

West Region
UnitedHealthcare Military & Veterans
1-877-988-WEST (1-877-988-9378)
www.uhcmilitarywest.com

http://milconnect.dmdc.mil

Update your e-mail and mailing addresses in DEERS and view eligibility, enrollment information, enrollment cards, and important correspondence about your benefits.

TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.

BR961BEC01144W