Marriage & Family Therapy

Hours of Operation
Monday-Friday 7:30 a.m. - 4:30 p.m.

Marriage & Family Therapy
Bldg 90043
West Fort Hood, TX 76544

Darnall Emergency Room ................. 288-8113
Darnall Information Desk ................. 288-8000
VA Liaison .................................. 287-3917/3919
Family Violence Hotline ................. 287-CARE
Fort Hood Chaplains ................. 287-CHAP
Legal Assistance ....................... 287-7901
Military Police ......................... 287-5019
New Parent Support ...................... 287-2286
Deployment Stress Hotline (non-emergency) .... 535-4497

Child Abuse and Neglect Texas Child Protective Services
24 Hour Hotline ....................... 1-800-252-5400

Spouse Abuse
Families in Crisis ....................... 654-8309
24 Hour Hotline ..................... 1-888-799-7233

Social Work

Department of Social Work
Bldg 2255
52nd St & 761st Tank Battalion
Fort Hood, TX 76544-4752

Social Work Services ....................... 288-6474
Family Advocacy Program
Sexual Assault Care Coordination
DSW Care Manager Program ................ 535-4497
Medical Social Work ...................... 553-1888
Marriage & Family Therapy .............. 288-5626

Local Police Departments
Killeen Police ......................... 501-8800
Copperas Cove ......................... 547-4272
Harker Heights ......................... 299-7600
Belton ................................ 933-5840
Temple ................................ 298-5500
Lampasas .............................. (512) 556-6235
The mission of the Medical Social Work Program is to provide support related to hospitalization and post-hospitalization needs, serious injury, chronic disease, disability, or terminal illness. Services Include:

- Discharge planning
- Identification of appropriate resources for the patient and family to ease the transition from hospitalization to homecare
- Individual, family counseling, and group counseling to help with adjustment problems or stressful life changes due to the patient's medical needs.

Traditional Services

The Department of Social Work also provides a wide variety of individual, marital, and family counseling services appropriate to the specific needs of our clientele.

Services are available to all active duty Soldiers, retirees, and immediate family members. In specific cases, clients may be referred to civilian providers through the TRICARE health system.

Strengthening the Military Family...

...through a variety of social and mental health services including counseling, advocacy, support, case management, mental health screenings, information and referrals, education, outreach, briefings, community support, and command consultation to ensure health, well-being and mission readiness in support of our Nation.

The Department of Social Work has 5 major programs:

- Social Work Care Manager Program
- Sexual Assault Program
- Family Advocacy Program (FAP)
- Marriage and Family Therapy (MFT) Services
- Medical Social Work

The Department of Social Work and the Military Readiness Mission

Commanders often need assistance in obtaining help for troubled Soldiers. In many cases, this also includes assisting family members. Helping the whole family allows soldiers to focus on their military duties.

The Department of Social Work can assist unit commanders by providing guidance and assistance to ensure mission readiness. Additionally, the Department of Social Work actively participates in the NCO/PD/OPD program by providing unit-level training on the Family Advocacy Program and other services available.

Social Work Care Manager Program:

The mission of the Care Manager Program is to focus on providing help to Soldiers and Families who experience stress related to frequent deployments and the Global War on Terrorism. Services Include:

- Pre, post, and during deployment stress support
- Individual, couples, children and group counseling
- Post traumatic Stress Disorder (PTSD) and Anger Management group counseling
- Women's PTSD Group
- PTSD Support for Family Members

Sexual Assault Program:

The mission of the Sexual Assault Program is to provide help for victims of sexual assault and ensure they receive timely and efficient medical care and other resources. Services include:

- Individual Counseling
- Group Counseling
- Resource coordination
- Victim Advocacy services

Family Advocacy Program (FAP):

The mission of FAP is to identify, prevent and treat incidents of child and spouse abuse. Services include:

- Treatment for both victims and offenders
- Conflict Resolution group counseling
- Anger management
- Therapeutic Parenting
- Parent Awareness group
- Resource coordination
- Victim Advocacy Services

Marriage and Family Therapy Services:

The mission of the Marriage and Family Therapy Program is to provide help for couples and families to resolve their difficulties and maintain a healthy relationship. Services Include:

- Couples and family counseling
- Parent Education (how to listen and talk to children; types of appropriate discipline).
- Unit/Command Briefings on how to help Families promote resiliency and learn effective coping skills during stressful war-time conditions.

Medical Social Work program:

The mission of the Medical Social Work Program is to provide support related to hospitalization and post-hospitalization needs, serious injury, chronic disease, disability, or terminal illness. Services Include:

- Discharge planning
- Identification of appropriate resources for the patient and family to ease the transition from hospitalization to homecare
- Individual, family counseling, and group counseling to help with adjustment problems or stressful life changes due to the patient's medical needs.

Our services help Soldiers and Families to improve their ability to cope more effectively with stress, anger, and other emotion. Soldiers and Families learn how to make better decisions, improve problem solving skills, enhance positive self-esteem/self worth, how to take responsibility for one's actions, and ways to strengthen healthy relationships.

Clients may be self-referred, command-referred or medically-referred for Social Work services by any professional within the health care system.